



Date of Application: \_\_\_\_\_

**Initial Application for New Participants**

**Recreation and Respite Services**

**INSTRUCTIONS: Please fully complete the entire application and return it by email or USPS with the supporting documentation. Incomplete applications will be returned. Enrollment into any program will not proceed until all of the materials are received and reviewed, an intake interview is completed, and the necessary OPWDD and Arc Westchester approvals are also completed.**

**Services Desired: (check all that apply)**

- Daycation/Day Trips       Weekend Overnight Trips       Arc Theater
- Gateway Program (Arc Westchester Choices only)       Summer weeklong trips
- Summer Enrichment Program @ Manhattanville       Echo on Stage @ WCC (summer)
- Free Standing Respite House-Thornwood

Applicant: \_\_\_\_\_ Nickname: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_ Male:  Female

Social Security#: \_\_\_\_\_ OPWDD Tabs #, if known \_\_\_\_\_

Medicaid #: \_\_\_\_\_ Medicare #: \_\_\_\_\_

Medical Insurance Company: \_\_\_\_\_ Policy #: \_\_\_\_\_

\*Attach copies of Medicaid/ Medicare or Insurance card (both front and back) \*

Home Address: \_\_\_\_\_

Mailing address if different from above: \_\_\_\_\_

Applicant cell phone: \_\_\_\_\_ Applicant email: \_\_\_\_\_

- Religion:     Baptist     Buddhist     Catholic     Christian     Hindu     Jehovah's Witness
- Jewish     Lutheran     Methodist     Mormon     Muslim     None
- Pentecostal  Refused Disclosure  Unknown     Wicca

Ethnicity:     Black     Hispanic     Native American     Pacific Islander or Asian

White     Other

OPWDD eligible? Yes  No       OPWDD Waiver Eligible? Yes  No

**Parent/ Guardian Contact Information**

\*Legal Guardian\*: \_\_\_\_\_ Relationship: \_\_\_\_\_

\* Attach copy of decree (adults with guardianship only)

Parents: Married  Separated  Divorced

Parent Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Work Phone #: \_\_\_\_\_

Cell Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

Parent Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Work Phone #: \_\_\_\_\_

Cell Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

**In Case of Emergency (Other than parent/guardian)**

Name	Relationship	Telephone #
_____	_____	_____
_____	_____	_____

**Current School, Day Service or Employer**

Name of school/agency/employer: \_\_\_\_\_

Address: \_\_\_\_\_

Contact Person: \_\_\_\_\_ Telephone #: \_\_\_\_\_

Transportation provided by: \_\_\_\_\_

Contact Person: \_\_\_\_\_ Telephone #: \_\_\_\_\_

Paratransit ID # (if applicable): \_\_\_\_\_

**Please list any other agencies or services received (including Care Management, Respite services...)**

Service	Agency	Contact Person/ Number/ Email
1. Care Management		
2.		
3.		
4.		

**Medical Information**

Primary Doctor: \_\_\_\_\_ Telephone: \_\_\_\_\_

Dentist: \_\_\_\_\_ Telephone: \_\_\_\_\_

Additional Specialists:

Name	Specialty	Contact #

Applicant's Developmental Diagnoses:

Primary Developmental Diagnosis: \_\_\_\_\_

Secondary Developmental Diagnosis: \_\_\_\_\_

Applicant's Medical Diagnoses:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Applicant's Psychiatric Diagnoses: None:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Can he/she self-administer medication? Yes  No

Precautions: (check all that apply, or write in other precaution)

SBE       Aspiration       Seizure       Other: \_\_\_\_\_

Hepatitis      Hepatitis Immune:  Yes  No      Hepatitis Carrier:  Yes  No

Other communicable diseases?  Yes  No If yes, please specify: \_\_\_\_\_

\_\_\_\_\_

Date of last tetanus shot: \_\_\_\_\_

**A two-step PPD/TB test is required. Quantiferon testing is also acceptable**

**PPD #1 Date:** \_\_\_\_\_ **PPD Results:** \_\_\_\_\_ (induration in mm)

**PPD #2 Date:** \_\_\_\_\_ **PPD Results:** \_\_\_\_\_ (induration in mm)

**Quantiferon Date:** \_\_\_\_\_ **Results:** \_\_\_\_\_

If applicable, Chest x-ray date: \_\_\_\_\_ Chest x-ray results: \_\_\_\_\_

***Attach immunization record if available***

Does he/she take any prescription or Over The Counter medication? Yes\*  No

***\*If yes- a doctor's order for prescriptions and the Over the Counter Medication Administration form(the OTC form is only for Free Standing Respite House and the Summer programs) must be submitted annually or as changes occur\****

List all medications below (prescription and Over the Counter)

Medication	Dosage	Times Given	Purpose

Is the applicant able to walk: Independently  With assistance  Requires equipment:

History of falls: Yes  No

Describe assistance needed: \_\_\_\_\_

Does he/she use any adaptive equipment (ex: cane, walker, wheelchair)? Yes  No

If yes, please explain \_\_\_\_\_

Does he/she have any vision impairment? Yes  No

Are glasses/contacts needed? Yes  No

Does he/she have any hearing impairment? Yes  No

Is a hearing aid used: Yes  No

Does applicant have a seizure disorder? Yes  No

If so, describe type, usual length and frequency:

\_\_\_\_\_  
\_\_\_\_\_

Are there any known triggers or aura's? Yes  No

If yes, please describe: \_\_\_\_\_

Assistance provided after a seizure: \_\_\_\_\_

Does applicant have food, medication, or seasonal allergies? Yes  No

If yes list allergies

(food/medication/environmental): \_\_\_\_\_

\_\_\_\_\_

If yes, please list and indicate usual reaction/treatment if exposed to allergen:

\_\_\_\_\_

Does applicant require an EpiPen? Yes  No

If yes, do they carry it or require staff to? \_\_\_\_\_

Please list any recent hospitalizations (in past 2 years)

Hospital	Length of Stay ( days)	Reason

**Daily living skills**

	Independent	Needs Assistance	If assistance needed describe
Toileting:	<input type="checkbox"/>	<input type="checkbox"/>	_____
Bathing:	<input type="checkbox"/>	<input type="checkbox"/>	_____
Shaving:	<input type="checkbox"/>	<input type="checkbox"/>	_____
Dressing:	<input type="checkbox"/>	<input type="checkbox"/>	_____
Tooth brushing:	<input type="checkbox"/>	<input type="checkbox"/>	_____
Hair Care:	<input type="checkbox"/>	<input type="checkbox"/>	_____
Menstrual (if applicable):	<input type="checkbox"/>	<input type="checkbox"/>	_____
Travel skills:	<input type="checkbox"/>	<input type="checkbox"/>	_____
Money management:	<input type="checkbox"/>	<input type="checkbox"/>	_____

**Communication/Social Skills/Behavior**

Primary Language spoken/understood: \_\_\_\_\_

Describe applicant’s communication skills:

	Excellent	Good	Fair	Poor
Receptive:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Expressive:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Any Communication devices used? Yes  No  (ex: iPad or other text to speech devices)

If nonverbal, does he/she use gestures? Yes  No  Sign language? Yes  No

Does applicant have any fears or things that make him/her upset? (ex: balloons, animals, water, thunder, fire)

Does the applicant have any behavior issues (physical aggression/verbal outburst/elopement/wandering/self-injurious, property destruction, repetitive behaviors, inappropriate sexual behavior)? Yes  No

If yes, please describe behavior and approaches that help to calm applicant \_\_\_\_\_

Describe applicant’s ability to interact socially: \_\_\_\_\_

Please list applicant’s favorite activities? \_\_\_\_\_

**Nutrition**

Special diet/restrictions: Yes  No  History of choking: Yes  No

- Special Diet (check all that apply):
- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Regular           | <input type="checkbox"/> Weight Maintenance | <input type="checkbox"/> Weight Gaining           |
| <input type="checkbox"/> Weight Reduction  | <input type="checkbox"/> Low Fat            | <input type="checkbox"/> Low Sodium               |
| <input type="checkbox"/> 1800 calorie      | <input type="checkbox"/> ADA diet           | <input type="checkbox"/> Low concentrated sweets  |
| <input type="checkbox"/> High fiber        | <input type="checkbox"/> Pureed             | <input type="checkbox"/> Ground                   |
| <input type="checkbox"/> Cut into ½ pieces | <input type="checkbox"/> Cut into 1” pieces | <input type="checkbox"/> Cut into ¼ inch pieces   |
| <input type="checkbox"/> No spices         | <input type="checkbox"/> No grease          | <input type="checkbox"/> No aspartame/Nutra Sweet |
| <input type="checkbox"/> Gluten Free       | <input type="checkbox"/> Paleo Diet         | <input type="checkbox"/> Lactose Free             |
|  |   | <input type="checkbox"/> PKU                      |
|  |   | <input type="checkbox"/> 1500 calorie             |
|  |   | <input type="checkbox"/> Low/No Carb              |

Food restrictions: \_\_\_\_\_

Favorite foods: \_\_\_\_\_ Disliked foods: \_\_\_\_\_

Does he/she need a packed lunch each day? Yes  No

If yes, please list any special instructions \_\_\_\_\_

**Sleeping**

Does applicant sleep thru the night? Yes  No

Applicant's usual waking time: \_\_\_\_\_ Bedtime: \_\_\_\_\_.

Does the applicant have a specific bedtime routine? (ex: nightlight, special item, or book)

\_\_\_\_\_  
\_\_\_\_\_

Has the applicant ever slept away from home? Yes  No

**Is there anything else we should know about the applicant?**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Completed by: \_\_\_\_\_ Date: \_\_\_\_\_

Relationship to participant: \_\_\_\_\_

**\*\*Application is valid for 1 year from the date above \*\***

**INITIAL APPLICATION MUST BE RETURNED TO:**

**Ms. Crystal Johnson  
The Arc Westchester  
265 Saw Mill River Road  
Hawthorne, New York 10532  
Email: [cjohnson@arcwestchester.org](mailto:cjohnson@arcwestchester.org)**

Received and reviewed by Arc staff: \_\_\_\_\_ Date: \_\_\_\_\_